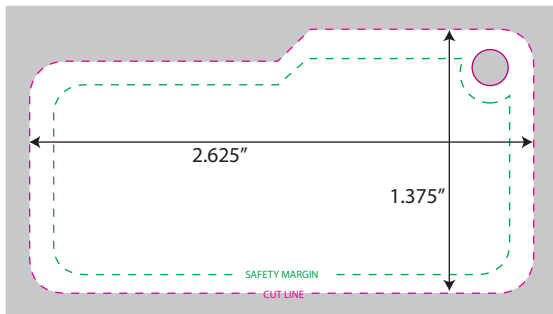


- Keep all text within safety margins.
- Shaded area defines the “bleed”.
- Fill the entire shaded area with your background color or image.
- Area outside of cut line does not print.

We’ll be happy to answer your questions.  
Chat with us at [www.MINDBODYcards.com](http://www.MINDBODYcards.com).

FRONT



BACK

